

Sunday

Monday

Tuesday


Wednesday

Thursday

Friday

Saturday

*Activities Subject to Change
*Activities can happen at any time even if not on the activity calendar



9:30 Golden Fitness **1**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Word Games-Father's Day
1:30 Calm Connections
2:00 Holy Mass Catholic Service-AL/TV Room
2:00 Refreshment Time
3:00 Piano Melodies with Charlie Swan-AL/LR
4:00 Reminiscing Chats
6:00 Movie Night

9:30 Good Morning Moves **2**
10:00 Snacks/Hydration
10:30 Love on a Leash Dog Visits
11:00 Balloon Badminton
1:30 Calm Connections
2:00 Refreshment Time
3:00 Gary, The History Guy AL/LR
4:15 Soundscapes Relaxation
6:00 Movie Night

9:30 Golden Fitness **3**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Bingo Bonanza
1:30 Polish & Pamper
2:00 Refreshment Time
3:00 Golden Oldies Sing Along Fun!
4:00 Group Games
6:00 Movie Night

9:30 Good Morning Moves **4**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Group Puzzles
1:30 Calm Connections
2:00 Refreshment Time
2:15 Soothing Aromatherapy
3:30 SingFit Sing Along Fun
6:00 Movie Night

9:30 The Daily Chronicle **5**
10:15 Movie Classics
1:30 Hello June-decorating the hallways!
2:00 Refreshment Time
3:00 Balloon Volleyball
4:00 Soundscapes Relaxation
6:00 Movie Night

9:30 Good Morning Moves **6**
10:00 Snack/Hydration
10:30 The Daily Chronicle
11:00 Trivia Fun
1:30 Calm Connections
2:00 Refreshment Time
2:30 SingFit Sing Along Fun
3:30 Bingo Bonanza
4:30 Reminiscing Chats
6:00 Movie Night

9:30 Virtual Sunday Service **7**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Chair Grooves & Stretches
1:30 Mindful Color & Music
2:00 Refreshment Time
2:30 Hymns Sing Along
3:00 Cinema Sunday
3:30 Memory Lane One-on-One Visits
6:00 Timeless TV Time

9:30 Golden Fitness **8**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Word search w/ friends
1:30 Calm Connections
2:00 Refreshment Time
3:00 Bingo Bonanza
4:00 Reminiscing Chats
6:00 Movie Night

9:30 Good Morning Moves **9**
10:00 Snacks/Hydration
10:30 Love on a Leash Dog Visits
11:00 Balloon Badminton
1:30 Calm Connections
2:00 Refreshment Time
2:30 Art Wall Creations
3:30 Mindful Movement
4:15 Soundscapes Relaxation
6:00 Movie Night

9:30 Golden Fitness **10**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Bingo Bonanza
1:30 Polish & Pamper
2:00 Refreshment Time
3:00 Happy Hour w/ Vincent Young-AL/LR
4:00 Group Games
6:00 Movie Night

9:30 Good Morning Moves **11**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Group Puzzles
1:30 Calm Connections
2:00 Refreshment Time
2:15 Soothing Aromatherapy
3:30 SingFit Sing Along Fun
6:00 Movie Night

9:30 The Daily Chronicle **12**
10:00 Scenic Drive w/ Steve
10:15 Movie Classics
1:30 Calm Connections
2:00 Refreshment Time
3:00 Balloon Volleyball
4:00 Soundscapes Relaxation
6:00 Movie Night

9:30 Good Morning Moves **13**
10:00 Snack/Hydration
10:30 The Daily Chronicle
11:00 Word Games
1:30 Calm Connections
2:00 Refreshment Time
2:30 SingFit Sing Along Fun
3:30 Bingo Bonanza
4:30 Reminiscing Chats
6:00 Movie Night

9:30 Virtual Sunday Service **14**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Chair Grooves & Stretches
1:30 Mindful Color & Music
2:00 Refreshment Time
2:30 Hymns Sing Along
3:00 Cinema Sunday
3:30 Memory Lane One-on-One Visits
6:00 Timeless TV Time
Happy Birthday, Bob!
Flag Day (U.S.)

9:30 Golden Fitness **15**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Word Games-Mother's Day
1:30 Calm Connections
2:00 Holy Mass Catholic Service-AL/TV Room
2:00 Refreshment Time
3:00 Bingo Bonanza
4:00 Reminiscing Chats
6:00 Movie Night

9:30 Good Morning Moves **16**
10:00 Snacks/Hydration
10:30 Love on a Leash Dog Visits
11:00 Balloon Badminton
1:30 Calm Connections
2:00 Refreshment Time
2:30 Make & Taste Cooking Club
3:30 Mindful Movement
4:15 Soundscapes Relaxation
6:00 Movie Night

9:30 Golden Fitness **17**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Bingo Bonanza
1:00 Crafter's Studio w/ Theresa
2:00 Refreshment Time
3:00 Karaoke w/ Maria
4:00 Group Games
6:00 Movie Night

9:30 Good Morning Moves **18**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Group Puzzles
1:30 Calm Connections
2:00 Refreshment Time
2:15 Soothing Aromatherapy
3:30 SingFit Sing Along Fun
6:00 Movie Night

9:30 The Daily Chronicle **19**
10:15 Movie Classics
11:00 Car Show & Music in the front parking lot!
1:30 Birthday Social w/ Musicstation
2:00 Refreshment Time
3:00 Balloon Volleyball
4:00 Soundscapes Relaxation
6:00 Movie Night

9:30 Good Morning Moves **20**
10:00 Snack/Hydration
10:30 The Daily Chronicle
11:00 Trivia Fun
1:30 Calm Connections
2:00 Refreshment Time
2:30 SingFit Sing Along Fun
3:30 Bingo Bonanza
4:30 Reminiscing Chats
6:00 Movie Night

9:30 Virtual Sunday Service **21**
10:00 Dads & Donuts!
10:30 The Daily Chronicle
11:00 Father's Day Luncheon
1:30 Mindful Color & Music
2:00 Refreshment Time
2:30 Hymns Sing Along
3:00 Cinema Sunday
3:30 Memory Lane One-on-One Visits
6:00 Timeless TV Time
Father's Day
Summer Begins

9:30 Golden Fitness **22**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Word search w/ friends
1:30 Calm Connections
2:00 Refreshment Time
3:00 Bingo Bonanza
4:00 Reminiscing Chats
6:00 Movie Night

9:30 Good Morning Moves **23**
10:00 Snacks/Hydration
10:30 Love on a Leash Dog Visits
11:00 Balloon Badminton
1:30 Calm Connections
2:00 Refreshment Time
2:30 Coloring Ocean scenes
3:30 Mindful Movement
4:15 Soundscapes Relaxation
6:00 Movie Night

9:30 Golden Fitness **24**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Bingo Bonanza
1:30 Polish & Pamper
2:00 Refreshment Time
3:00 Happy Hour w/ Al Estrella-AL/LR
4:00 Group Games
6:00 Movie Night

9:30 Good Morning Moves **25**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Group Puzzles
1:30 Calm Connections
2:00 Refreshment Time
2:15 Soothing Aromatherapy
3:30 SingFit Sing Along Fun
6:00 Movie Night

9:30 The Daily Chronicle **26**
10:00 Scenic Drive w/ Steve
10:15 Movie Classics
1:30 Calm Connections
2:00 Refreshment Time
3:00 Balloon Volleyball
4:00 Soundscapes Relaxation
6:00 Movie Night

9:30 Good Morning Moves **27**
10:00 Snack/Hydration
10:30 The Daily Chronicle
11:00 Ocean theme crafts
1:30 Calm Connections
2:00 Refreshment Time
2:30 SingFit Sing Along Fun
3:30 Bingo Bonanza
4:30 Reminiscing Chats
6:00 Movie Night

9:30 Virtual Sunday Service **28**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Chair Grooves & Stretches
1:30 Mindful Color & Music
2:00 Refreshment Time
2:30 Hymns Sing Along
3:00 Cinema Sunday
3:30 Memory Lane One-on-One Visits
6:00 Timeless TV Time

9:30 Golden Fitness **29**
10:00 Snacks/Hydration
10:30 The Daily Chronicle
11:00 Word search w/ friends
1:30 Calm Connections
2:00 Refreshment Time
3:00 Bingo Bonanza
4:00 Reminiscing Chats
6:00 Movie Night

9:30 Good Morning Moves **30**
10:00 Snacks/Hydration
10:30 Love on a Leash Dog Visits
11:00 Balloon Badminton
1:30 Calm Connections
2:00 Refreshment Time
2:30 Summer memories on the patio
3:30 Mindful Movement
4:15 Soundscapes Relaxation
6:00 Movie Night

June 2026

